

Master of Adolescent Health and Wellbeing

(MC-ADOLHW)



Delivered online part-time, study in your own time, anywhere in the world.

The Master of Adolescent Health and Wellbeing program will provide a unique learning opportunity for students from any related field to develop in-depth knowledge and advanced skills in the specialist discipline of adolescent health and wellbeing.

Students can choose to undertake either a Research or Leadership specialisation.

In the **Research Specialisation** the research component (research training subject and minor thesis) will require students to propose a research question, choose and design a methodology for a relevant adolescent health challenge. They will then conduct their investigation under the guidance of a supervisor and apply what is learnt to their own workplace and practice. This research cycle, from conception to implementation and adaptation, will serve as a rigorous exercise in academic excellence.

In the **Leadership Specialisation** the workplace focused component (and the students' associated project) will require students to select a relevant adolescent health issue, engage key stakeholders, then design and propose a program of inquiry and/or action. They will design and implement the project under the guidance of academic and professional supervisors, then distil and present what is learnt, identifying implications with stakeholders in their workplace setting. This cycle of inquiry, from conception and engagement to implementation, will serve as a rigorous exercise in leadership in adolescent health.

The master's course is part of a nested series of courses:

Graduate Certificate (offered via 'Wellbeing' or 'AYA Oncology' stream)

Delivered online, the Graduate Certificate will provide you with introductory learning in the latest knowledge of adolescent health and development, prevention frameworks and skills to work more effectively with individuals and populations in schools and communities, and within health services. Open to domestic and international students. Duration: 1-year part-time.

Graduate Diploma

Delivered online, the Graduate Diploma will provide you advanced training in the latest knowledge of adolescent health and development, prevention frameworks and skills to work more effectively with individuals and populations in schools and communities, and within health services. Open to domestic and international students. Duration: 2-years part-time.

Masters (offered via either 'Research' or 'Leadership' specialisation)

The master's program builds on the Graduate Diploma, with a further 2 years of part-time study that supports a research minor thesis or a capstone project. A choice of Master subjects are available. Delivered online and is open to domestic and international students.



Subjects taught by the Adolescent Health and Wellbeing teaching team:

Graduate Certificate Level

- Young People in Context
- Professional Practice in Context
- Socio Environmental context of Adolescence
- Health Promotion and Young People
- Cancer Care in Young people

Graduate Diploma level

- Mental Health and Young People*
- Adolescent Sexuality and Sexual Health
- Young People and Substance Abuse
- Adolescent Health Project
- Young People Experiencing Vulnerability

Master's Level

- Harnessing Evidence for System Change
- Adolescent Health - Minor Thesis (for research specialisation students)
- Leadership in Adolescent health and Wellbeing – Capstone Project (for leadership specialisation students)

* This subject is also available at Graduate Certificate level for those studying the AYA Oncology Stream of this course.

External elective subjects available to master's students:

External elective subjects available to master's students:

- Community Engagement for Health Impact
- Qualitative Research in Public Health
- Health Program Evaluation 1
- Health Program Evaluation 2
- Biostatistics
- Epidemiology 1
- Adaptive Leadership
- Managing Teams

Choose from the list above, and more.

For more information, scan the QR code below.



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