

TIERED FRAMEWORK FOR AYA PSYCHOSOCIAL SUPPORT

DO THEY MEET ANY OF THE FOLLOWING PRIORITISED CRITERIA?:

- o Maori
- o Pasifika
- o Living rurally
- o A high suspicion of risk factors that could impact on engagement with health service

Please read the AYA Cancer Eligibility Criteria first. Note that Level 1 AYAs do not follow this framework.

NO

YES

Contact by / coordinated by the keyworker within 21 days of referral.

Contact by the keyworker within 7 days of referral.

Tick for each of the following

- o Guarded or poor prognosis
- o Cancer and/or treatment likely to have long-term irreversible impact on health (e.g. amputation)
- o Expected long-term hospitalisation (2 months+) or treatment duration (1 year+)
- o Significant co-morbidities – existing ongoing involvement with other health services
- o Undergoing some or all of their ongoing treatment outside of their usual residence
- o Multiple specialties / centres will be involved in cancer care

o Little to no psychological distress
o Good social supports in place
o Good whānau & community connectedness
o Good health literacy and self-management skills (FROM ABOVE)
o 0 or 1 disease / treatment factors

o Moderate psychological distress
o Unmet educational / vocational needs
o Unmet cultural needs
o Limited social support (FROM ABOVE)
o 2 or 3 disease / treatment factors

o High psychological distress
o Significant barriers with access/transport
o Safety concerns (e.g. self-harm, family violence)
o History of mental health concerns
o High levels of risk-taking behaviour
o Not engaged in education/employment
o Whānau present with complex challenges
o Low health literacy/language barriers (FROM ABOVE)
o 4+ disease / treatment factors

LEVEL 2: KEYWORKER OVERSIGHT

Key contact may be a keyworker or an AYA Champion

- New patient checklist completed and documented
- Psychosocial Assessment completed and documented
- Concerns & Worries Checklist
- Notify of key contact details
- Signposting and navigation to support services / agencies / resources
- Provide link to Network's Consumer Info Sheet and a tumour-specific info sheet
- Online peer / whānau support & counseling offered
- Access to wellbeing group, peer / whānau based support, social events & targeted programmes

LEVEL 3: KEYWORKER CO-ORDINATION

Support from the regional keyworker

All of Level 2 Plus:

- Keyworker attendance at key hospital appointments
- Referral for psych / counsellor support as appropriate
- Youth worker support for lifestyle changes
- Educational/vocational support
- Support provided to whānau
- Financial and practical barriers identified and support facilitated
- Referral to allied health, palliative care, & cultural supports as appropriate
- Referral to relevant NGO supports

LEVEL 4: KEYWORKER MANAGEMENT

Individualised and intensive support from the regional keyworker with MDT / multi-agency involvement

All of Level 2 & 3 Plus:

- Intensive case management
- Youth development approach adopted
- 1:1 youth work & whānau support
- Wider coordinated multiagency / multidisciplinary involvement
- Key worker attendance at hospital appointments wherever possible
- Flexible service and delivery model

Psychosocial needs should be reassessed regularly using the various tools available,

If there is a change in the AYA's disease or treatment factors or any member of the care team have concerns about unmet psychosocial needs then contact the regional AYA Keyworker.